

"Scalar exercises"

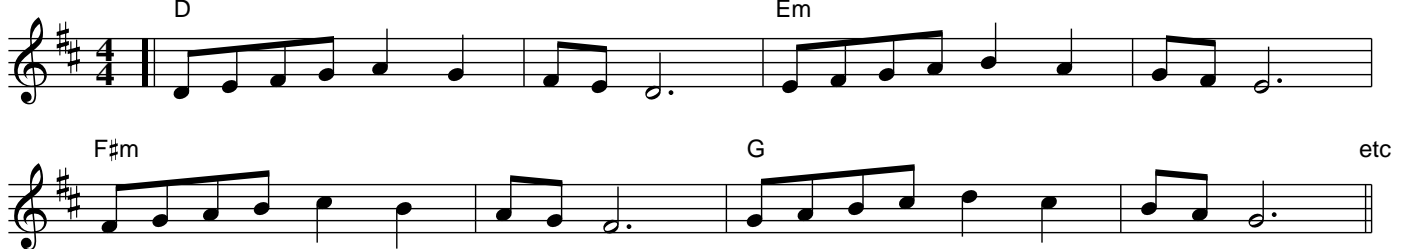
Lick (and rhythmic variations/ornamentation)

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Move the phrase(s) to each successive scale degree, staying in the key (descend as well)



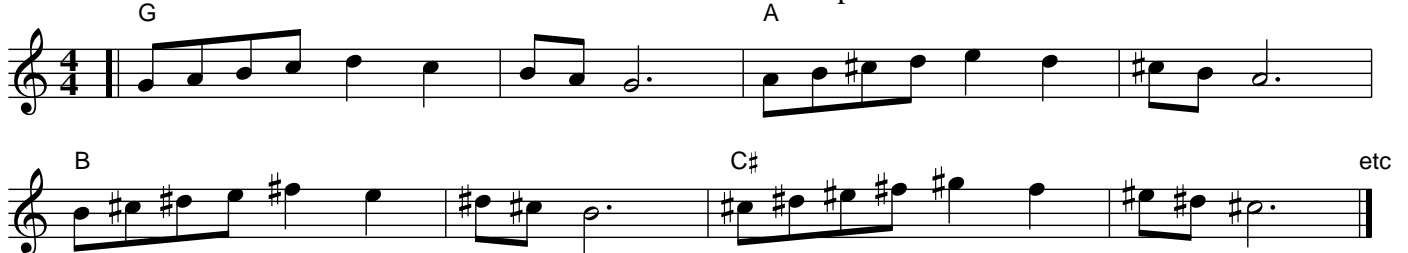
do the same with the lick variations

Transpose the phrase(s) moving up in half steps (or whole steps, minor 3rds, etc.)



Repeat with the lick variations

Root motion in whole steps



Repeat with phrase variations

Now, REPEAT the whole process in the Minor Scale/Key and transposing the Minor phrases



The image shows two staves of musical notation in B-flat major. The first staff begins with a Dm chord and an E dim chord. The second staff begins with an F chord and a Gm chord. The notation includes eighth and quarter notes, some beamed together, and rests.

you can also practice using the Harmonic Minor, Dorian (minor with #6, Lydian (major with #4), Mixolydian (major with b7), Lydian Dominant (major with #4 and b7) or any other mode/scale.